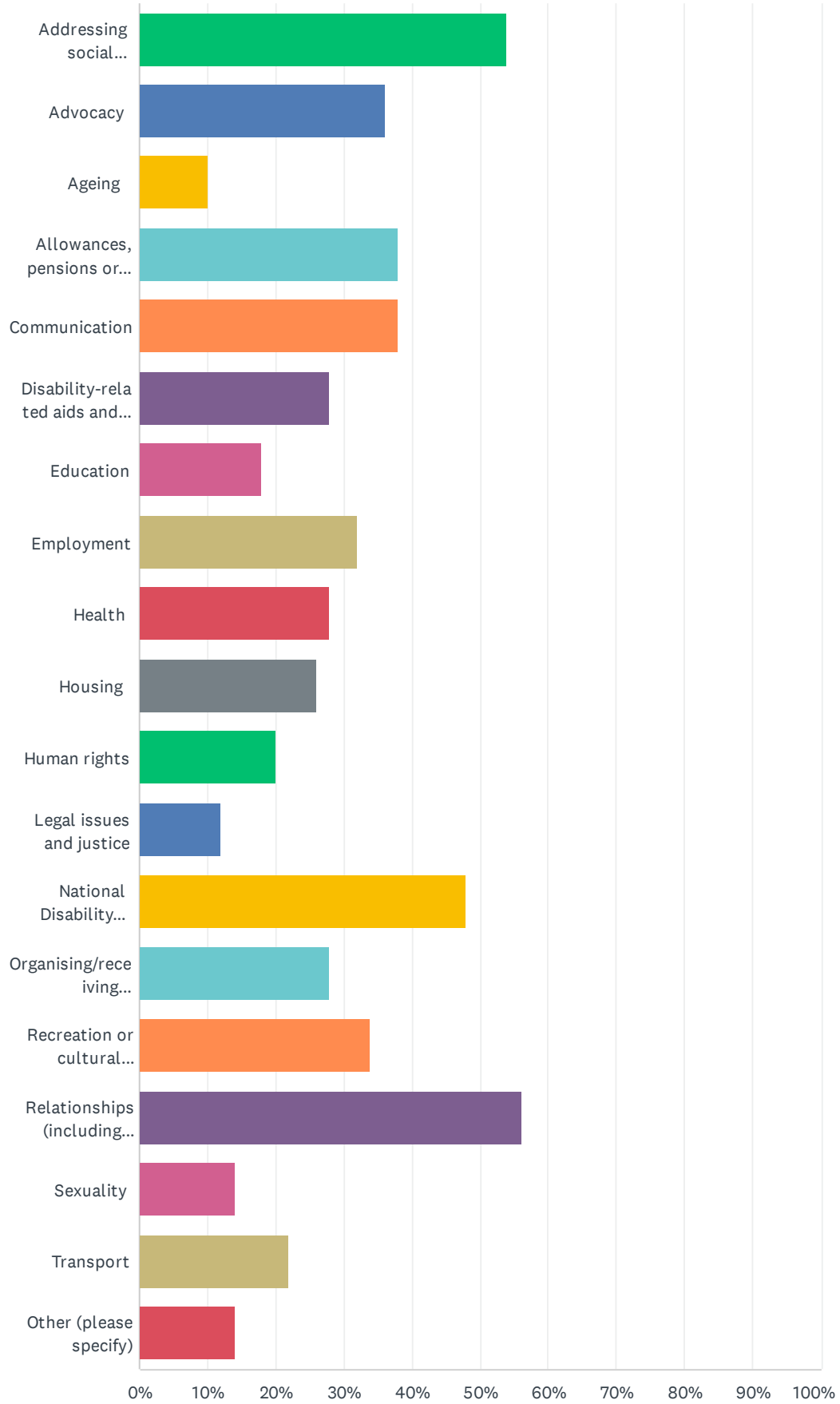


**Q1 What are the key support areas that you think are most important to people living with a brain injury? (Please select up to 5)**

Answered: 50 Skipped: 0

# Brain Injury Matters - 2022 Needs Survey



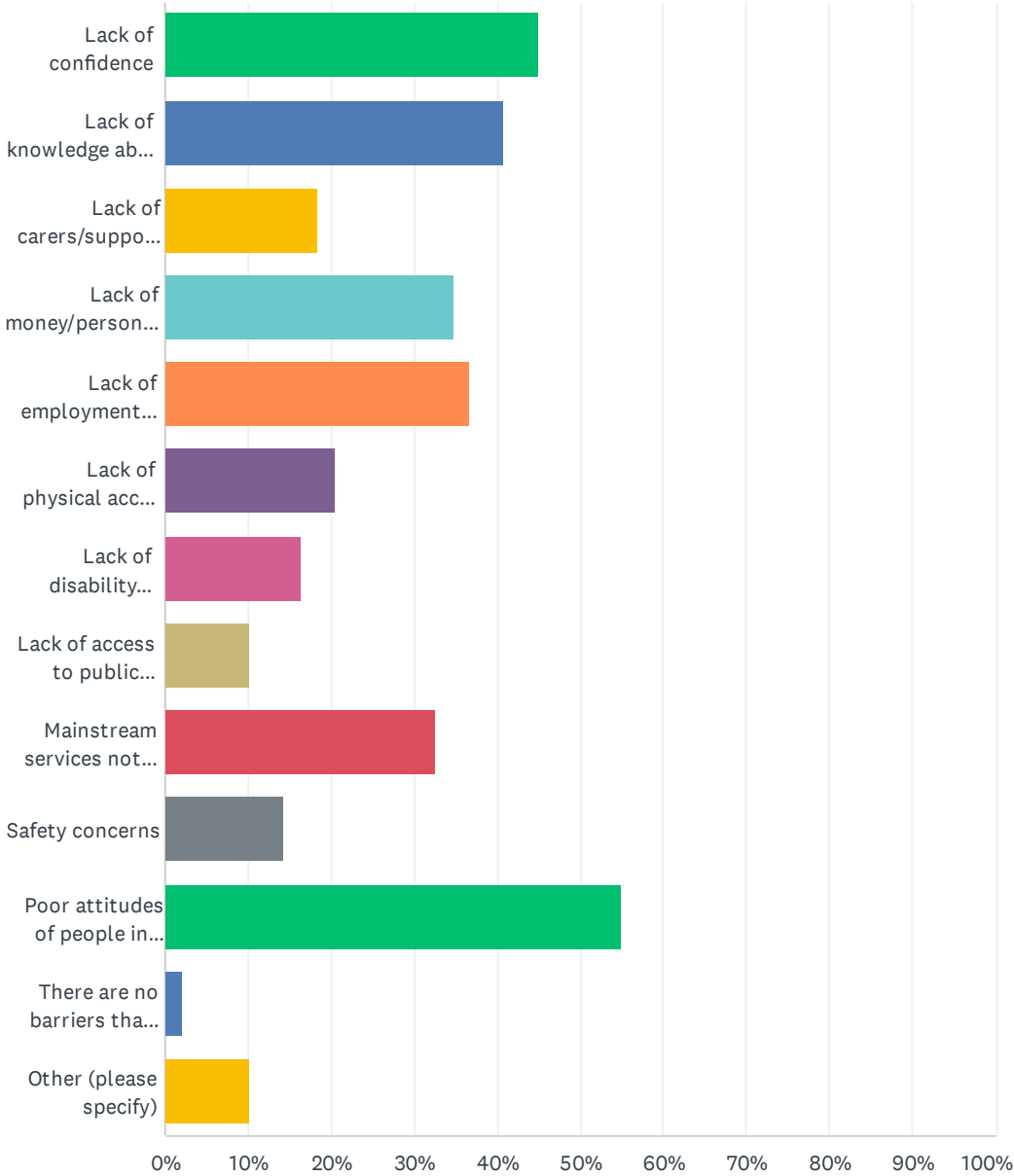
## Brain Injury Matters - 2022 Needs Survey

ANSWER CHOICES	RESPONSES	
Addressing social isolation	54.00%	27
Advocacy	36.00%	18
Ageing	10.00%	5
Allowances, pensions or other income	38.00%	19
Communication	38.00%	19
Disability-related aids and equipment	28.00%	14
Education	18.00%	9
Employment	32.00%	16
Health	28.00%	14
Housing	26.00%	13
Human rights	20.00%	10
Legal issues and justice	12.00%	6
National Disability Insurance Scheme (NDIS)	48.00%	24
Organising/receiving disability-specific supports (non NDIS)	28.00%	14
Recreation or cultural activities	34.00%	17
Relationships (including family and friends)	56.00%	28
Sexuality	14.00%	7
Transport	22.00%	11
Other (please specify)	14.00%	7
Total Respondents: 50		

#	OTHER (PLEASE SPECIFY)	DATE
1	All of the above. Respecting past advocates! And not burning everything they have done to the ground!	2/27/2022 11:58 PM
2	there are many more issues than just 5	2/11/2022 4:59 PM
3	Peer groups 6 not enough in the rural areas EG Ballarat	2/10/2022 7:08 PM
4	supporting australian owned and made	2/10/2022 7:02 PM
5	support with your child starting school, what to pack in there lunch box	2/10/2022 4:13 PM
6	Mental health, fatigue	2/10/2022 3:54 PM
7	Use of time	2/10/2022 3:00 PM

### Q2 In your experience, what are the main barriers that stop people with brain injury from participating in or contributing to their community? (Please select up to 3)

Answered: 49 Skipped: 1



## Brain Injury Matters - 2022 Needs Survey

ANSWER CHOICES	RESPONSES	
Lack of confidence	44.90%	22
Lack of knowledge about where to find help	40.82%	20
Lack of carers/support workers	18.37%	9
Lack of money/personal income	34.69%	17
Lack of employment opportunities	36.73%	18
Lack of physical access (such as ramps, handrails, tactile markings, poor signage)	20.41%	10
Lack of disability specific supports including equipment	16.33%	8
Lack of access to public transport	10.20%	5
Mainstream services not disability friendly	32.65%	16
Safety concerns	14.29%	7
Poor attitudes of people in the community	55.10%	27
There are no barriers that I am concerned about	2.04%	1
Other (please specify)	10.20%	5
Total Respondents: 49		

#	OTHER (PLEASE SPECIFY)	DATE
1	Lack of being listened to or taken seriously!	2/27/2022 11:58 PM
2	It's difficult to generalise because needs vary enormously depending on the injury.	2/11/2022 11:56 AM
3	supporting australian owned and made	2/10/2022 7:02 PM
4	rude people , rude staff just made feeling like a idiot when we are not	2/10/2022 4:13 PM
5	Reduced initiation. Other transport restrictions (reliance on carers, need for specialised vehicles)	2/10/2022 3:54 PM

### Q3 What particular challenges do you think people with brain injury have experienced during the COVID-19 pandemic?

Answered: 47 Skipped: 3

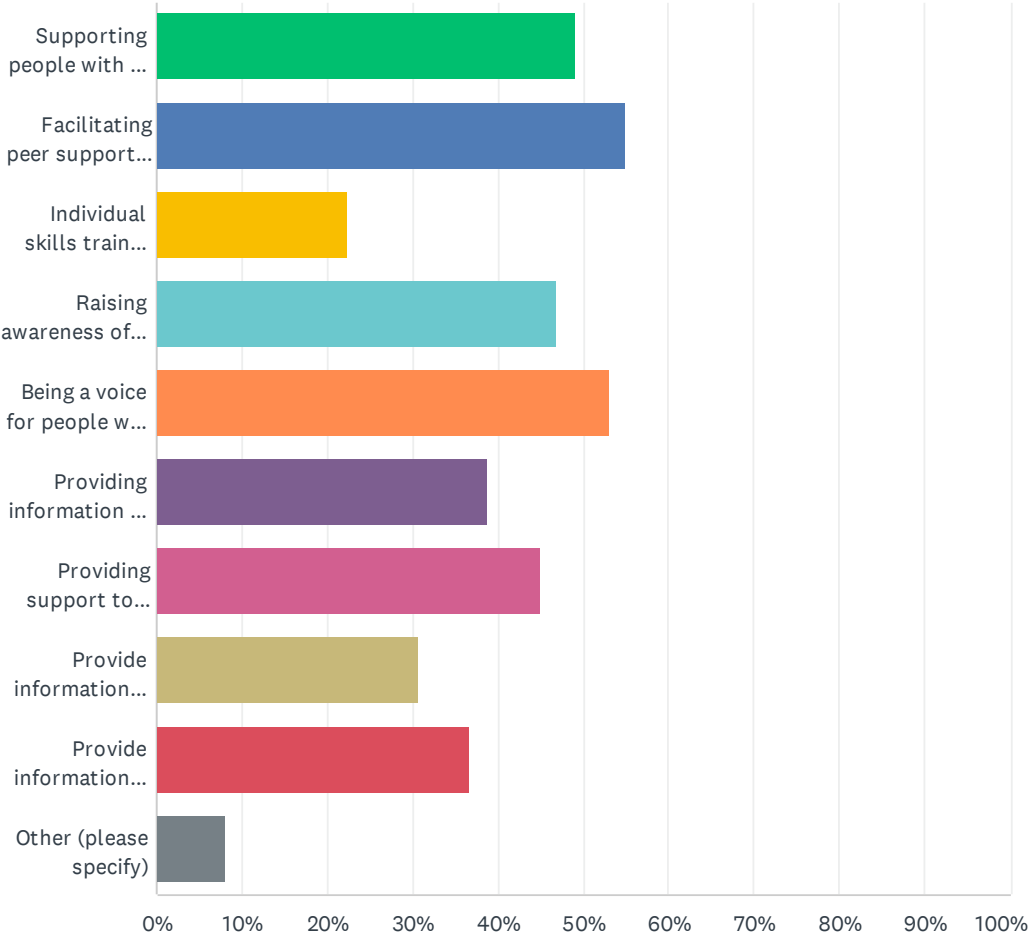
#	RESPONSES	DATE
1	Loneliness, frustration, boredom, loss of contact with friends and groups face to face, limited activities	3/15/2022 12:51 PM
2	High anxiety levels depression.	3/11/2022 3:21 PM
3	Social isolation People getting too close when meant to be social distancing Boredom	3/5/2022 10:34 PM
4	Being able to get out into community	3/3/2022 9:45 AM
5	Lack of access to support workers, RAT tests and Vaccines. Unable to attend in person peer support groups	3/2/2022 2:31 PM
6	Social isolation	3/1/2022 12:32 PM
7	Knowledge about Covid	3/1/2022 9:46 AM
8	Problems with access to medical care etc	3/1/2022 4:59 AM
9	Access to ongoing medical time sensitive treatment like physiotherapy	3/1/2022 12:19 AM
10	Isolation has been very hard	2/28/2022 10:05 PM
11	Communication/ isolation/ fear of contamination/ lack of personal support	2/28/2022 5:49 PM
12	Changing of circumstances in their daily routines, by not having any interactions with friends, or participating in normal activities.	2/28/2022 5:18 PM
13	Depend on Phone/Computer skills	2/28/2022 3:28 PM
14	Isolation Income Health related concerns (not being able to see their health professionals) Discrimination	2/28/2022 1:28 PM
15	Where do I start, it has been so hard on people without a disability. So you could see what it would be like for people with a disability.	2/28/2022 12:28 PM
16	Isolation and complete disconnection	2/28/2022 12:23 PM
17	Further social isolation. Weight gain & loss in motivation. Covid provided the muggles the perfect opportunity to feel what this was like but now things are returning to normal, they all just got back to life.	2/27/2022 11:58 PM
18	Increased isolation. Difficulty in accessing therapies as understanding of technology to connect with them.	2/27/2022 3:41 PM
19	Lack of belonging. People who newly ABI are at a loss to the community they knew disappearing and the lack of 'normality' disappearing. They need constant communication.	2/16/2022 1:54 PM
20	Isolation	2/15/2022 6:49 PM
21	isolation what covid means presented in a way they can understand	2/15/2022 5:36 PM
22	Further social isolation, not having access to support workers, not being able to go to therapies, not being able to access the gym and swimming pools	2/15/2022 3:32 PM
23	Isolation and loneliness due to lockdowns. Wearing masks made communication difficult at times. A simple shopping task was a bigger effort due to masks, check ins, social distancing etc. Medical appointments were difficult. Telehealth didn't always fill the requirements. Zoom meetings are much harder than face-to-face when you have hearing/processing difficulties. The stress of the pandemic made everything harder - leading to further stress and problems with loved ones and friends etc.	2/15/2022 11:10 AM

## Brain Injury Matters - 2022 Needs Survey

24	I am becoming more isolated.	2/14/2022 4:00 PM
25	Support services have been disrupted leading to increased isolation, lack of access to the community and decreased ability to work towards goals	2/14/2022 12:41 PM
26	Challenge of too much information, that can be overwhelming. A direct source of concise, relevant information would be beneficial.	2/14/2022 11:58 AM
27	Lack of face-to-face interactions Fear of catching COVID if they are vulnerable	2/14/2022 9:54 AM
28	Decrease in support services	2/14/2022 12:06 AM
29	ISOLATION, poor understanding of the demands being unfairly placed upon society, lack of options for where to find help	2/11/2022 4:59 PM
30	A feeling of isolation.	2/11/2022 12:04 PM
31	The dependency on visuals cues to assist with hearing has been affected by mask wearing. Isolation has impacted emotional well-being.	2/11/2022 11:56 AM
32	Loneliness, weight gain, overall improvem with condition.	2/10/2022 9:01 PM
33	Had to be forced to learn zoom. info about vaccinations lonely	2/10/2022 7:08 PM
34	support fully understanding assistance overall	2/10/2022 7:02 PM
35	Getting access to vaccine centers. Coping with added isolation	2/10/2022 5:52 PM
36	Social isolation. Unable to spend long periods of time on screen communicating with loved ones.	2/10/2022 5:27 PM
37	Isolation, lack of employment opportunity, support worker shortage, infection control management, health, lack of activity, face to face contact with humankind.	2/10/2022 4:56 PM
38	Increased isolation	2/10/2022 4:55 PM
39	not having a seen disability	2/10/2022 4:26 PM
40	confusion, not knowing what support we will get if we have covid. having to advocate for our selfs more then usual and not always feeling comfortable to speak out. being with ndis having to not get regular support like O.T and support workers, i can't go out ob my own so let i g to do click and collect and delivery can be hard. Everyone with a disability regarding what disability should be called from the government to make sure we are supported. i spoke up to get support not everyone will they will just suffer in silence because sometime we are made to feel we are not as important as the regular person who has a 9-5 job and pays taxes. also having children in lock down staying home from school , how are we to teach them homeschooling if we don't have support or never went to school or don't have a computer . i could go on and on . I'm more then happy to give more of my opinion anytime call me 0476123554 ☺	2/10/2022 4:13 PM
41	Social isolation, fear, confusion, getting fixated on the news, boredom, loss of usual community routines and connection	2/10/2022 3:54 PM
42	No	2/10/2022 3:40 PM
43	Companionship	2/10/2022 3:02 PM
44	Very difficult to maintain social distance in public with mobility issues	2/10/2022 3:00 PM
45	Loneliness	2/10/2022 2:57 PM
46	Fear of the unknown. Their isolation being compounded by lockdowns	2/10/2022 2:55 PM
47	Social interaction with people	2/6/2022 10:04 AM

### Q4 What do you think should be the core focus of the organisation Brain Injury Matters? (Please select up to 3)

Answered: 49 Skipped: 1





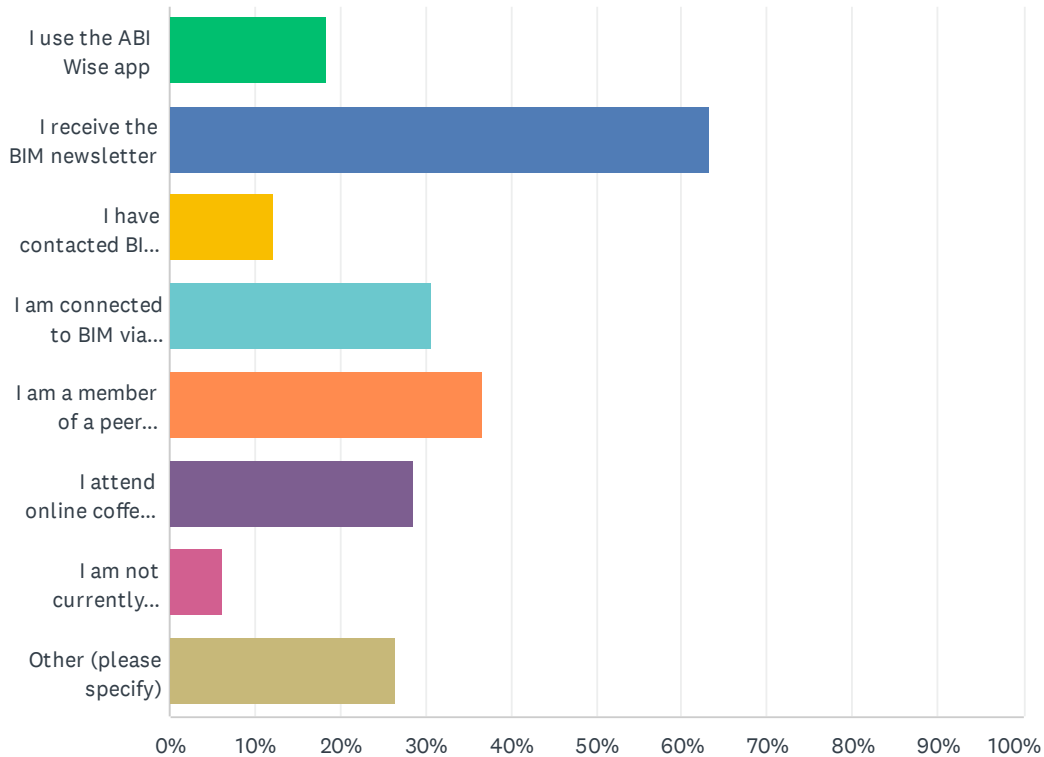
## Brain Injury Matters - 2022 Needs Survey

ANSWER CHOICES	RESPONSES	
Supporting people with ABI in their self-advocacy	48.98%	24
Facilitating peer support groups	55.10%	27
Individual skills training for people with ABI	22.45%	11
Raising awareness of ABI in the community	46.94%	23
Being a voice for people with an ABI	53.06%	26
Providing information to people with ABI about available services and supports	38.78%	19
Providing support to reduce the isolation and marginalisation experienced by people living with ABI.	44.90%	22
Provide information about the experience of living with ABI	30.61%	15
Provide information about opportunities for people with ABI to participate in community	36.73%	18
Other (please specify)	8.16%	4
Total Respondents: 49		

#	OTHER (PLEASE SPECIFY)	DATE
1	All of the above	2/28/2022 5:18 PM
2	Activities, friendship, support	2/10/2022 9:01 PM
3	Assistance/training to access Centrelink and NDIS	2/10/2022 5:52 PM
4	i'm sorry i didn't realise this servay way for the support group. Sonia does a incredible job, unfortunately she would do so much more if the government gave more funding . it honestly is not fare	2/10/2022 4:13 PM

## Q5 How are you connected to Brain Injury Matters (BIM)? (You can tick as many as you like)

Answered: 49 Skipped: 1



ANSWER CHOICES	RESPONSES
I use the ABI Wise app	18.37% 9
I receive the BIM newsletter	63.27% 31
I have contacted BIM for information	12.24% 6
I am connected to BIM via social media.	30.61% 15
I am a member of a peer support group	36.73% 18
I attend online coffee mornings	28.57% 14
I am not currently connected to BIM	6.12% 3
Other (please specify)	26.53% 13
Total Respondents: 49	

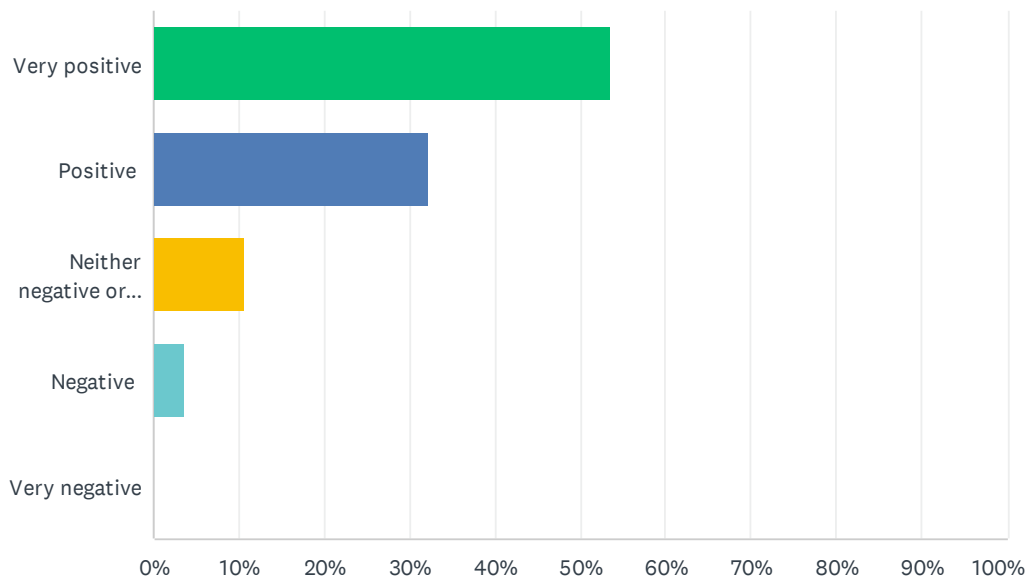
#	OTHER (PLEASE SPECIFY)	DATE
1	On the exec	3/5/2022 10:34 PM
2	worker	3/2/2022 2:31 PM
3	We have a group of people who have been involved with a group. Voice's for change Members.	2/28/2022 12:28 PM

## Brain Injury Matters - 2022 Needs Survey

4	I have been an active member for 10 years.	2/27/2022 11:58 PM
5	ex staff member (guess who?!)	2/15/2022 3:32 PM
6	I work with BIM	2/11/2022 4:59 PM
7	Sally and Fiona and Yannick and kelvin	2/10/2022 9:01 PM
8	member of many peer support groups that I can help	2/10/2022 7:08 PM
9	i have acquired brain injury/ies	2/10/2022 7:02 PM
10	Face to face oportunities are non existant in gippsland regional areas	2/10/2022 5:52 PM
11	I attended the 2021 end of year function	2/10/2022 4:56 PM
12	i was apart of the group but i left , for my own person resons. it broke my heart to see such kind people with server abi i have mild-moderate ABI and i felt	2/10/2022 4:13 PM
13	Involved in projects	2/10/2022 3:54 PM

## Q6 If you attend a peer support group (including Online Coffee Morning), what impact has it had on your life?

Answered: 28 Skipped: 22



ANSWER CHOICES	RESPONSES	
Very positive	53.57%	15
Positive	32.14%	9
Neither negative or positive	10.71%	3
Negative	3.57%	1
Very negative	0.00%	0
<b>TOTAL</b>		<b>28</b>

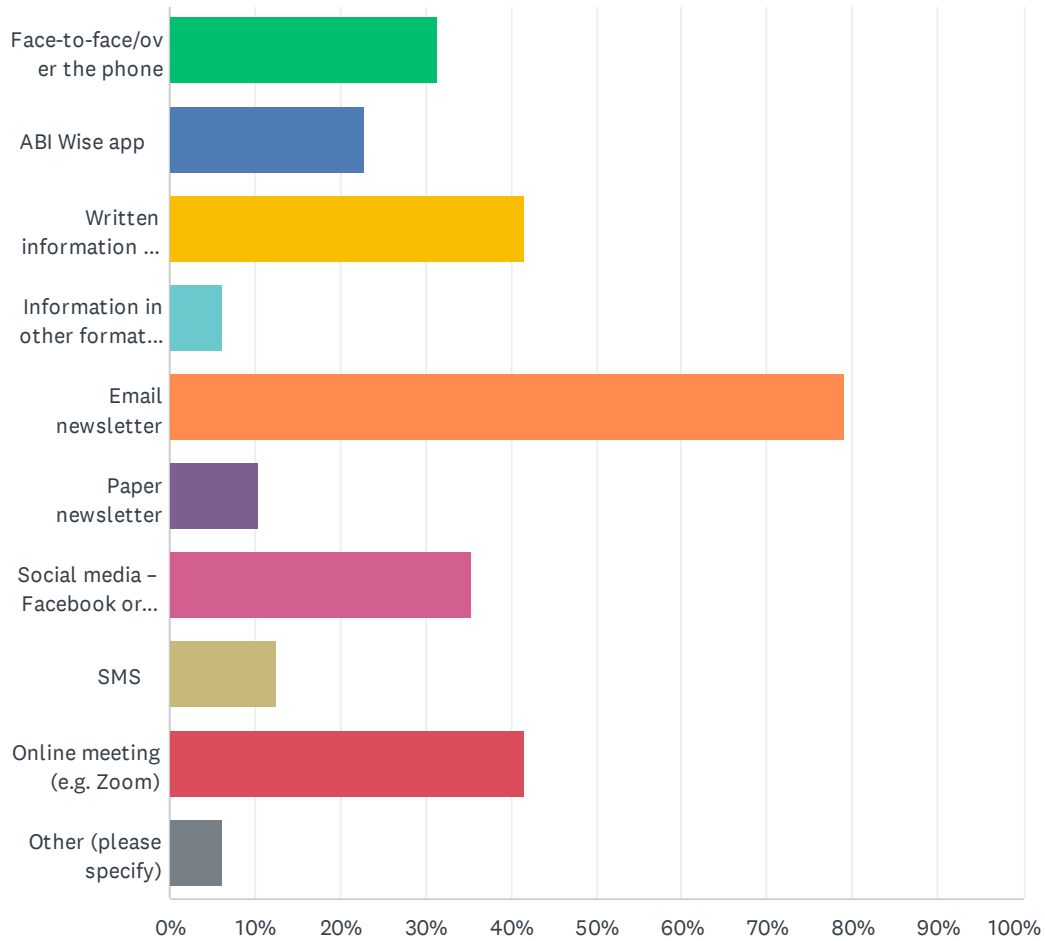
#	PLEASE TELL US ABOUT THE IMPACT THAT BEING IN A PEER SUPPORT GROUP HAS HAD ON YOUR LIFE:	DATE
1	Meeting other people, get to discuss issues, listening to other people, a positive outing, making friends	3/15/2022 12:51 PM
2	It's fun to be part of and good for a laugh and learn things	3/5/2022 10:34 PM
3	Due to impaired memory and not recalling joining in with group hard to say	3/3/2022 9:45 AM
4	Remembering how to conduct myself in social situations has been very helpful. Practicing to talk & to be understood is SO important!	3/1/2022 12:32 PM
5	N/a	2/28/2022 5:49 PM
6	New Member	2/28/2022 3:28 PM
7	Camaraderie and feeling I am not alone	2/28/2022 1:28 PM
8	It has made things easier to understand people in the community, and I also have an ABI myself.	2/28/2022 12:28 PM

## Brain Injury Matters - 2022 Needs Survey

9	Yet to get to my local. It's too early & too often.	2/27/2022 11:58 PM
10	Although i am new to the support group it has already been a positive experience for me and my support worker.	2/27/2022 3:41 PM
11	Peer support and recognition of other similar injuries. Sharing a space to listen to others and have others listen to my voice.	2/16/2022 1:54 PM
12	Not attended	2/15/2022 6:49 PM
13	do not attend one	2/15/2022 3:32 PM
14	We all need connection and a community we feel part of. As much as loved ones try to care and understand, nothing compares to meeting and socialising with others that are going through similar life experiences to yourself. It's so good to be understood and accepted.	2/15/2022 11:10 AM
15	Others share stories that only people with ABI can truly understand, including me. That is a burden being set free by doing that.	2/14/2022 4:00 PM
16	It's amazing to connect with people who've had similar experiences and being part of community.	2/14/2022 12:41 PM
17	I look forward to the meetings - a highlight of my week.	2/14/2022 9:54 AM
18	It's nice to relate to others' just like you in the group.	2/11/2022 12:04 PM
19	It's necessary for these people who are not represented in mainstream conversations	2/11/2022 11:56 AM
20	Well organised activities	2/10/2022 9:01 PM
21	Same thing learn nothing group doesn't want to tackle some thing	2/10/2022 7:08 PM
22	total support over all with full understanding/s	2/10/2022 7:02 PM
23	Non existant in regional gippsland. Access to city is almost impossible	2/10/2022 5:52 PM
24	Feel connected to peers that understand my brain injury. I feel more comfortable speaking with openly and honestly with the support group than I do my closest friends.	2/10/2022 5:27 PM
25	have not attended	2/10/2022 4:56 PM
26	everyone is so close with each other , my abi was the only one in the group what was related to family violence . i felt uncomfortable and sad	2/10/2022 4:13 PM
27	Inclusiveness	2/10/2022 3:02 PM
28	It is fss as ntsstic beinv able to socialise with and learn from peers that also live and understand my experience	2/10/2022 3:00 PM
29	People seem confused about what it's intent is	2/10/2022 2:57 PM
30	I attend 2 groups, the coffee morning is about having a laugh to start my week but Brain Wave is a group I go to, to hear my friends talk about the impact of having a brain injury and hear today about life and the support is what I need.	2/6/2022 10:04 AM

### Q7 In what ways would you like Brain Injury Matters to provide information to you? (You can tick as many as you like.)

Answered: 48 Skipped: 2



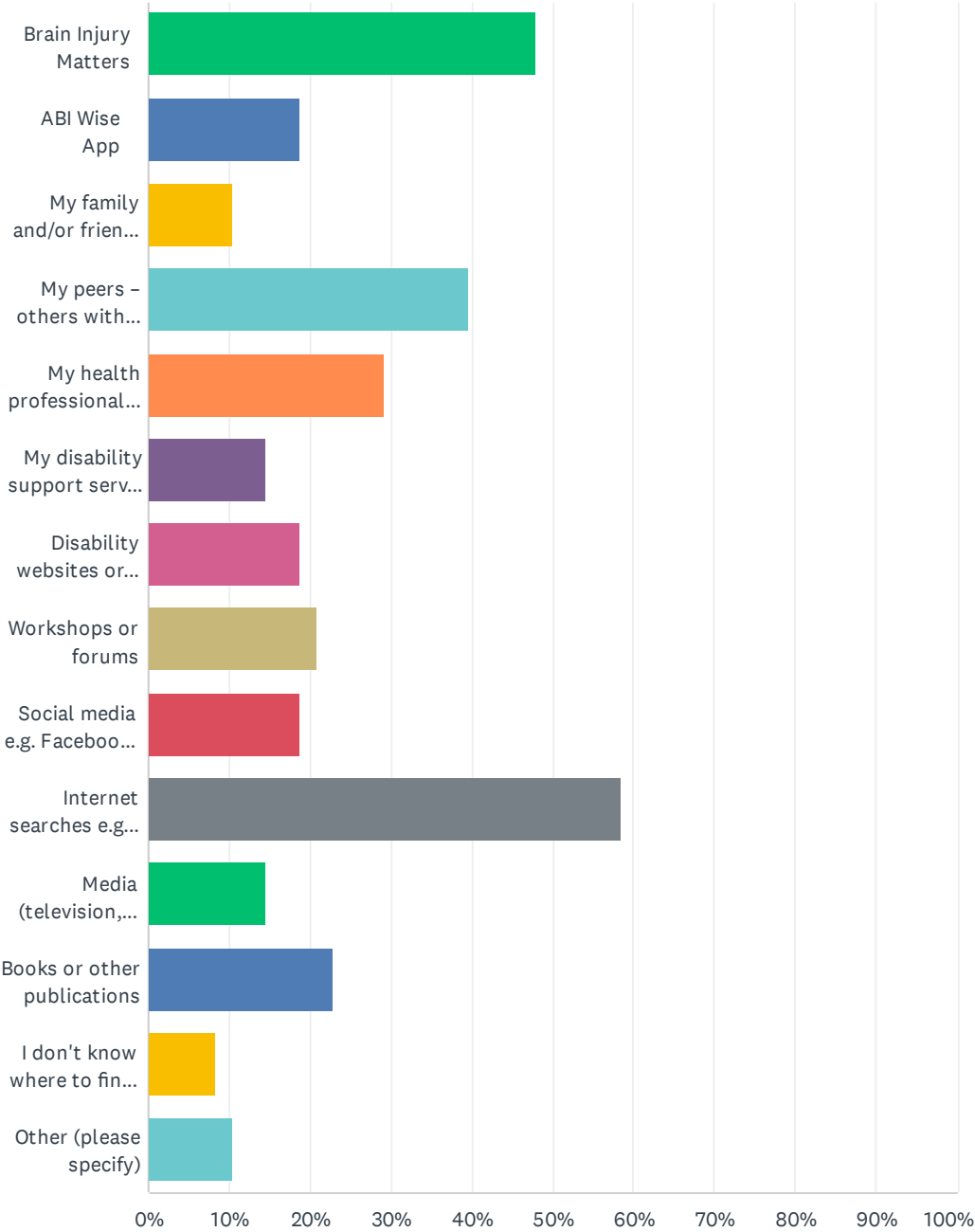
## Brain Injury Matters - 2022 Needs Survey

ANSWER CHOICES	RESPONSES	
Face-to-face/over the phone	31.25%	15
ABI Wise app	22.92%	11
Written information on the website	41.67%	20
Information in other formats – Braille, Auslan, Easy English (please tell us your preferred format in the 'other' text box below)	6.25%	3
Email newsletter	79.17%	38
Paper newsletter	10.42%	5
Social media – Facebook or Twitter	35.42%	17
SMS	12.50%	6
Online meeting (e.g. Zoom)	41.67%	20
Other (please specify)	6.25%	3
Total Respondents: 48		

#	OTHER (PLEASE SPECIFY)	DATE
1	I'm good. I can reach out when i need stuff. Or detach when ive had enough.	2/27/2022 11:58 PM
2	in accessible formats - large font, plain english, easy english etc	2/15/2022 3:32 PM
3	Regional face to face / peer support coffee groups	2/10/2022 5:52 PM

### Q8 Where do you go to get good information about brain injury?(Please select up to 5 that you find most helpful.)

Answered: 48 Skipped: 2





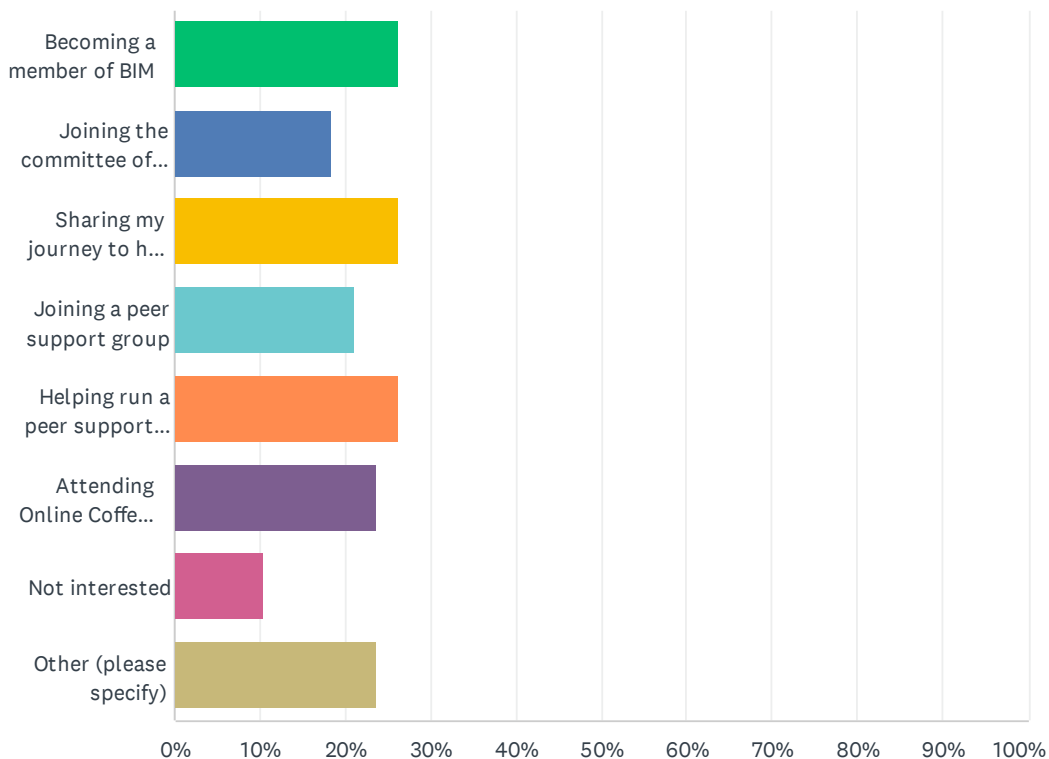
## Brain Injury Matters - 2022 Needs Survey

ANSWER CHOICES	RESPONSES	
Brain Injury Matters	47.92%	23
ABI Wise App	18.75%	9
My family and/or friends	10.42%	5
My peers – others with brain injury	39.58%	19
My health professionals (e.g. doctor or neuropsychologist)	29.17%	14
My disability support service provider/s	14.58%	7
Disability websites or newsletters	18.75%	9
Workshops or forums	20.83%	10
Social media e.g. Facebook	18.75%	9
Internet searches e.g. Google	58.33%	28
Media (television, newspapers, radio, news websites)	14.58%	7
Books or other publications	22.92%	11
I don't know where to find good information about brain injury	8.33%	4
Other (please specify)	10.42%	5
Total Respondents: 48		

#	OTHER (PLEASE SPECIFY)	DATE
1	Neuropsych professionals.	2/27/2022 11:58 PM
2	Online but wary of crap	2/10/2022 9:01 PM
3	through all medias	2/10/2022 7:02 PM
4	BrainLink	2/10/2022 4:56 PM
5	i research	2/10/2022 4:13 PM

## Q9 Would you be interested in becoming involved in Brain Injury Matters in any of the following areas (if not already)?

Answered: 38 Skipped: 12



ANSWER CHOICES	RESPONSES	
Becoming a member of BIM	26.32%	10
Joining the committee of management/sub-committee	18.42%	7
Sharing my journey to help others	26.32%	10
Joining a peer support group	21.05%	8
Helping run a peer support group	26.32%	10
Attending Online Coffee Mornings	23.68%	9
Not interested	10.53%	4
Other (please specify)	23.68%	9
Total Respondents: 38		

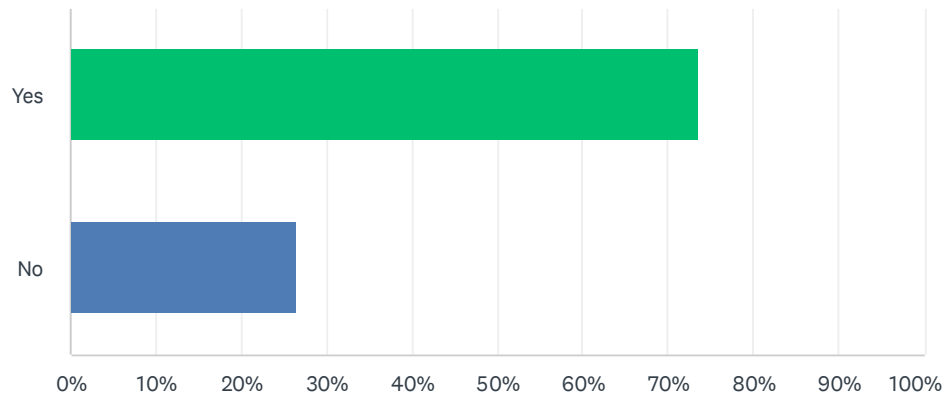
#	OTHER (PLEASE SPECIFY)	DATE
1	I'm already involved with BIM, but I needed to specify a comment to continue!	3/1/2022 12:32 PM
2	I can be consulted	2/28/2022 5:49 PM
3	But not just at the moment, as I already have my group and I also have a lot of hospital	2/28/2022 12:28 PM

## Brain Injury Matters - 2022 Needs Survey

	appointments at the minute.	
4	interested but time poor	2/15/2022 5:36 PM
5	just staying in touch	2/15/2022 3:32 PM
6	informing information passed on to the full community/ies	2/10/2022 7:02 PM
7	Peer support/advocacy in Gippsland.	2/10/2022 5:52 PM
8	advocacy & support	2/10/2022 4:56 PM
9	speaking up to her more funding for ABI matters , taking about my story , how it affects my parenting as i single mum with a son also on NDIS	2/10/2022 4:13 PM

## Q10 Do you have a brain injury?

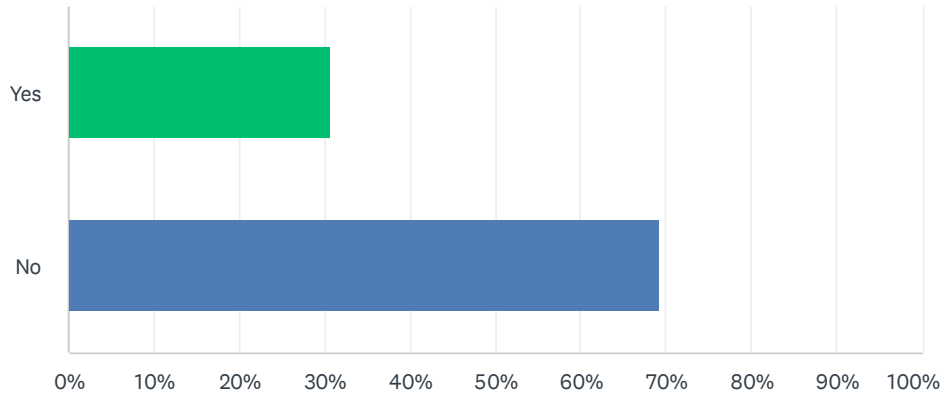
Answered: 49 Skipped: 1



ANSWER CHOICES	RESPONSES	
Yes	73.47%	36
No	26.53%	13
TOTAL		49

## Q11 Are you a family member/friend/unpaid carer of someone with a brain injury?

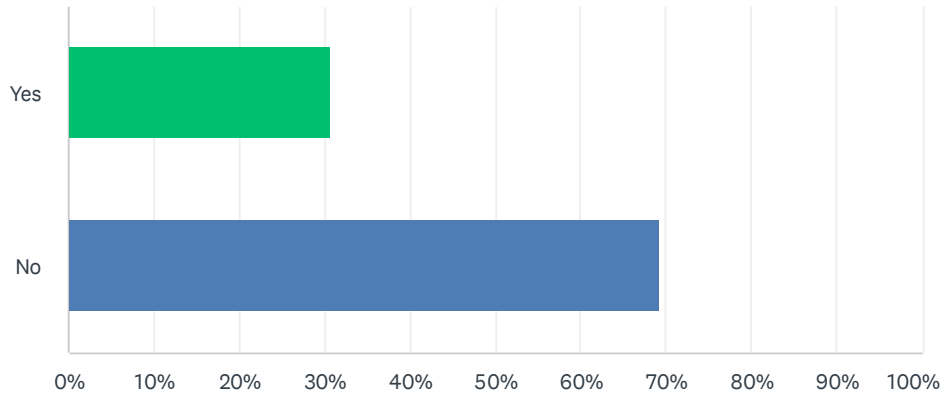
Answered: 49 Skipped: 1



ANSWER CHOICES	RESPONSES	
Yes	30.61%	15
No	69.39%	34
<b>TOTAL</b>		<b>49</b>

## Q12 Do you work with people with ABI in a paid capacity?

Answered: 49 Skipped: 1



ANSWER CHOICES	RESPONSES	
Yes	30.61%	15
No	69.39%	34
TOTAL		49